



Stock Symbol: MBT

NewsRelease

National award honours MTS Allstream's 100 years of innovation

WINNIPEG, MB, May 22, 2008 – MTS Allstream Inc. (“MTS Allstream”) is pleased to announce that it will receive the 2008 Special Recognition Award from Canada’s Telecommunications Hall of Fame at a special ceremony in Ottawa.

“As MTS Allstream celebrates its second century of connecting Canadians, we are proud to have Canada’s Telecommunications Hall of Fame acknowledge our company’s pioneering spirit and success. It is our history of innovation that has helped build our company into what it is today – a leading national communication solutions provider with offices and operations from coast to coast,” said Pierre Blouin, CEO of MTS Allstream.

The selection of MTS Allstream as a one of three recipients of the 2008 Special Recognition Award was announced earlier today by Canada’s Telecommunications Hall of Fame. MTS Allstream will formally be inducted, along with its prairie-based counterparts, at the 4th Annual Telecom Laureate Awards gala on October 29, 2008 in the Grand Hall of the Canadian Museum of Civilization in Gatineau, Quebec.

“MTS Allstream is justifiably proud of its past and proud of its Manitoba roots,” said Lorne Abugov, Founder of the Telecommunications Hall of Fame. “For this reason, we are happy to recognize the significant contributions that MTS Allstream has made, through innovation and leading-edge technology, to the growth and economic development of its home province over the past 100 years.”

The Special Recognition Award from Canada’s Telecommunications Hall of Fame is given to a technology, location, event, organization, or group of individuals or organizations that have contributed significantly to Canada’s telecommunications industry. Established in 2005, the not-for-profit organization promotes and celebrates the rich history of the telecommunications industry in Canada, and fulfills its mission through three programs: The Telecom Laureate Program, the Education Program, and the Outreach Program. For more information about Canada’s Telecommunications Hall of Fame, please visit www.telecomhall.ca.

For more information about MTS Allstream’s second century celebrations and the company’s 100th year of doing business in the province of Manitoba, please visit www.connectingcanadians.ca.

About MTS Allstream

MTS Allstream Inc. is a wholly owned subsidiary of Manitoba Telecom Services Inc., and is one of Canada's leading national communication solutions providers, delivering innovative products and services through the Enterprise Solutions and Consumer Markets divisions. The Enterprise Solutions division, which operates under the Allstream brand nationally and under the MTS Allstream brand in Manitoba, is a leading competitor in the national business and wholesale markets. This division offers customers a portfolio of solutions tailored to the needs of medium and large businesses looking for success in a world of rapidly evolving technology – Internet protocol connectivity, unified

communications, IT consulting and security services, and voice and data connectivity services. The Consumer Markets division leads every telecommunications market segment in Manitoba, delivering a full suite of next generation wireless, high-speed Internet and data, digital television and wireline voice services under the MTS brand, as well as small business services in select markets across Canada under the Allstream brand, and security and alarm monitoring services through AAA Alarm Systems Ltd., an affiliate of MTS Allstream which also operates in other western provinces. MTS Allstream's extensive national broadband fibre optic network spans more than 24,300 kilometres, and provides international connections through strategic alliances and interconnection agreements with other international service providers. Manitoba Telecom Services Inc.'s common shares are listed on The Toronto Stock Exchange (trading symbol: MBT). For more information, please visit: www.mtsallstream.com.

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